**Article Title**

**Author Name 1;**

**Home Institution**

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**Subtopic you want your article to fall under (x):**

Intervention strategies for the prescription of physical exercise for health \_\_

Innovation and technology in physical activity and health \_\_

***Abstract***

This text indicates the format the abstracts submitted to the II Conference in Exercise Prescription and Health Promotion must respect. Respect the present form in the elaboration of the abstract of the article.

Abstract text must not exceed **300 words**. The font must be Georgia, 9.5, italics, single spacing, justified, 6 pts after the paragraph.

Keywords: up to 5.

The abstract of the article to be submitted the easychair platform on the website until November 11, 2022. Any other clarifications may be requested from the Organizing Commit-tee of the II Conference in Exercise Prescription and Health Promotion (jornadasmpeps@gmail.com).